



दक्षिण रेलवे/SOUTHERN RAILWAY

No.P(R)563/P/DRQ/Genl./Vol.II

प्रधानकार्यालय/ Headquarters Office
कार्मिक शाखा/ Personnel Branch
चेन्नै/Chennai - 600 003
दि./ Dated: 4-02-2016

पी बी सी सं/ PBC No:13 / 2016


All PHODs / DRMs / CWMs / CEWE / CAO / CPM / Dy.CPOs / Sr.DPOs /
DPOs / SPOs / WPOs / APOs of HQ / Divisions / Workshops / other Units,
etc.,

(As per mailing list -'A')

विषय/Sub: Fitness of candidates including cases of Compassionate
Ground appointments, PWD(non-gazetted) & Land Losers
etc., found diabetic in first medical examination.

A copy of Railway Board's letter No. 2008/H/5/18 dt. 08-01-2016 on
the above subject is enclosed for information, guidance and necessary action.

संलग्न/Encl: as above


(B.INDUMATHY)
Asst. Personnel Officer/M&E
कृते मुख्य कार्मिक अधिकारी
For Chief Personnel Officer

प्रतिलिपि/Copy to : The Genl Secy / SRMU
The Genl Secy / AISCSTREA
The Genl Secy / AIOBCREA

The Genl Secy / NFIR

**GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS
(RAILWAY BOARD)**

No. 2008/H/5/18

New Delhi, dated: 08.01.2016

**General Manager
All Indian Railways (Including PUs & RDSO)**

Sub: Fitness of candidates including cases of compassionate ground appointments, PwD (non-gazetted) & land losers etc. found diabetic in first medical examination.

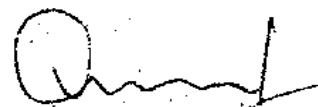
In the recent past, it was observed that in a number of cases, especially in cases of compassionate ground appointment, Hon'ble Courts have ordered that the candidates suffering from Diabetes Mellitus are to be taken in Railway Service even though they were declared unfit for Railway services by the Competent Medical Authorities. The Hon'ble Courts in their various judgments have held that Diabetic Mellitus is not a disease. Keeping in view the persistent observations coming from Hon'ble Courts, a three member committee was constituted to examine the issue.

The Committee has recommended the following parameter for diagnosing Diabetes Mellitus and deciding of fitness candidates:-

1	Fasting Plasma Glucose level	More than or equal to 126mg/dl.
2	Two-Hours Post-Prandial Plasma Glucose level	More than or equal to 200mg/dl.
3	Hb A1 C	More than or equal to 6.5%

In view of the above established facts the following procedure for deciding medical fitness of candidates suffering from diabetic conditions (diagnosed as per above parameters) is laid down:-

1. For different types of appointments including compassionate, PwD (Non-gazetted) etc., candidate if found diabetic in first examination (as per above parameters) should be re-examined.
2. Re-examination would be done by a "THREE MEMBER MEDICAL COMMITTEE" comprising of one physician of P.G. Qualification/Endocrinologist if available; one ophthalmologist & headed by a SAG medical officer of the divisional/zonal hospital. Recommendation of the Committee will be accepted by CMS/MD/CMO/ACMS in-charge as the case may be.
3. Purpose of re-examination will be the thorough clinical evaluation and investigation to rule out any complication of Diabetes or involvement of any End Organ.



4. If some investigations are to be performed for which the facility is not available in-house, the same should be arranged from recognized private labs/clinic & the charges for the same are to be paid by the candidate only.
5. If there is no complication or involvement of End organ, the candidate will be declared "FIT IN CEY ONE OR BELOW".
6. Establishment Directorate has to readjust those candidates as per available vacancy.

This has the approval of Board (MS).



(R.S. Shukla)

Joint Director (Health)
Railway Board