



दक्षिण रेलवे/ **SOUTHERN RAILWAY**

No.P(R)410/P/LL & IR

प्रधान कार्यालय/ Headquarters Office  
कार्मिक शाखा/ Personnel Branch  
चेन्नै/Chennai - 600 003  
दि./ Dated:14-08-2018

पी बी सी सं/ PBC No: 162 / 2018

All PHODs / DRMs / CWMs / CEWE / CAO / CPM / Dy.CPOs / Sr.DPOs /  
DPOs / SPOs / WPOs / APOs of HQ / Divisions / Workshops / other Units,  
etc.,

(As per mailing list -'A' )

विषय/Sub: Rest Rules for running staff.

\*\*\*\*\*

A copy of Railway Board's letter No.E (LL)2009/HER/1 dated  
02-08-2018 on the above subject is enclosed for information, guidance and  
necessary action.

Copy of Railway Boards letter dated 17-07-2018 referred therein is  
enclosed for reference.



(V.SRINIVASAN)

वरिष्ठ कार्मिक अधिकारी/नियम  
Senior Personnel Officer/Rules  
For Principal Chief Personnel Officer

संलग्न/Encl: as above

प्रतिलिपि/Copy to : The Genl Secy / SRMU  
The Genl Secy / AISCSTREA  
The Genl Secy / AIOBCREA

The Genl Secy / NFIR



GOVERNMENT OF INDIA  
MINISTRY OF RAILWAYS  
RAILWAY BOARD

No. E(LL)/2009/HER/1

New Delhi, dated: 2 .08.2018

The General Managers,  
All Zonal Railways, PUs,  
Metro Kolkata and RDSO Lucknow.

**Sub: Rest Rules for running staff.**

Reference para 4 of the Board's letter of even number dated 17.07.2018 regarding serving of call book upon running staff only after completion of 16 hours rest at Headquarter and after completion of 8 hours rest at outstation.

2. The matter has been deliberated upon in detail by the Board. The Board desires that in view of paucity of running staff on the Railways, aforementioned directive of the Board may be **pending** till adequate number of running staff becomes available to fill up the vacancies and the issue will then be suitably reconsidered by Board.
3. This is issued with the approval of Board (MT, MS, CRB).
4. Please acknowledge receipt.

(Ms. Manju)  
Jt. Dir/E (LL)  
Railway Board

**GOVERNMENT OF INDIA  
MINISTRY OF RAILWAYS  
RAILWAY BOARD**

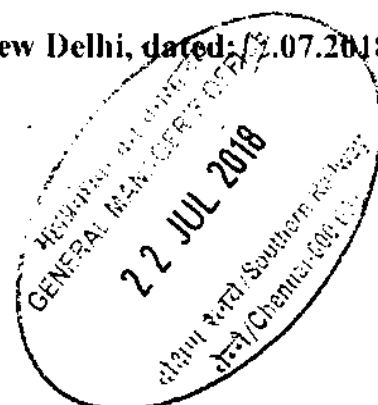
No. E(LL)/2009/HER/1

New Delhi, dated: 22.07.2018

The General Managers,

✓ All Zonal Railways, PUs,

Metro Kolkata and RDSO Lucknow.



**Sub: Rest Rules for running staff.**

Attention is drawn to Board's letter No. E(LL)/2009/HER/1 dated 07.10.2016 wherein the existing statutory/administrative provisions pertaining to rest of running staff were reiterated. Attention is also drawn to Board's letter No. E(LL)/2016/HPC/7 dated 13.10.2016 laying down that the limit of "Stay away" from Headquarters for Running Staff should be fixed at 72 hours and also that call notice period should continue to be a part of the Headquarter/outstation rest.

2. However, it has been brought to the notice of the Board by AIRF during discussions on items No. 20/2009 and 30/2016 that Zonal Railways are violating Rest Rules for Running staff as call books are being served on them even before completion of their rest at Headquarters. Such practice, if being followed, is not in the interest of safety of rail operations.

3. The matter has been examined by the Board. During the PNM/AIRF meeting held on 22.01.2018, it has been decided that 'Sixteen hours' Headquarter rest must be ensured to the Running Staff. The running staff should be available for duty after completing 16 hrs. rest at Headquarter and after completing of 8 hrs. at outstation.

4. In view of above, the Railways are directed to ensure that there should be no violation of Rules governing such rest and related instructions for Running staff. Call books should be served upon them only after completion of 16 hours rest at Headquarter and after completion of 8 hours rest at outstation.

5. Please acknowledge receipt.

(Ms. Manju)  
Jt. Dir/E (LL)  
Railway Board