



दक्षिण रेलवे खेल संघ / Southern Railway Sports Association  
मंडल प्रधान कार्यालय, तिरुच्चिरापल्ली / Divisional Headquarters, Tiruchchirappalli-620 001

मंडल कार्यालय / Divisional Office,  
तिरुच्चिरापल्ली / Tiruchchirappalli.  
दि./Dt: 04.12.2025

No. SRSA/Inter-Dept Tournament/2025

CMS/RH/GOC & CPM/GS  
All Branch Officers /TPJ Division

**Sub: Inter-Department Kabbadi (Men) & Handball (Women) 2025 - Reg**

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SRSA/TPJ will be conducting an Inter-Department Kabbadi (Men) & Handball (Women) for the staff at Railway Stadium, Kallukuzhi on 18.12.2025 and 19.12.2025. **Branches Officers** viz., Personnel, Commercial, S&T, Accounts, Elec-G, Elec-TRD, Elec-OP, Engineering, Operating, Mechanical, Mech-Diesel Shed, DRM-Genl (Administration, GSU, Safety, & Stores), Medical & RPF **are requested to kindly certify the team members, mentioning the captain's name in the Annexure-I format, and send the same to the undersigned office on or before 10.12.2025, please.**

**Terms and Conditions for Kabbadi (Men):**

1. One entry from each department – 7 players + 2 substitutes (to be certified by BOs).
2. Branch Officers Certified employees shall be sanctioned with SCL during their events. **Players must not leave HQ while on SCL without permission.**
3. **SCL will be given to the teams only which are qualifying for the second day of the tournament.**
4. Matches will be played in knockout basis
5. Seeding will be given in the Match fixtures based on the results of the last tournament held.
6. Captains to report to the undersigned office for Match Fixtures on 15.12.2025 at 16.30 Hrs.
7. Match Fixtures will be drawn in the presence of the Team Captains in front of the undersigned or the Secretary/SRSA/TPJ
8. The above conditions are subject to change as per SRSA/TPJ committee.
9. The decision of the umpires will be final.
10. Players should maintain and uphold the spirit of the game. No players should violate the rules and regulations. Unruly action by any employee will be subject to DAR action.

## **Handball (Women):**

### **SRSA/TPJ is Conducting the Handball Tournament for the first time.**

**\*Disclaimer: This Game is simplified for the convenient of working lady employees by SRSA/TPJ\***

## **Ground Structure:**

- The game will be played on a ground measuring **30 metres (length) × 15 metres (width)**, with a **goal post on each side** measuring **6 × 6 feet**. Each goal post will be guarded by a **4-metre arc line**.
- Each team will consist of **8 players** (5 court players, 1 goalkeeper, and 2 substitutes). The main players take the court and attempt to score by putting the game ball into the opponent's goal post.

## **In handling the ball, players are subject to the following restrictions:**

- After receiving the ball, players can pass, keep possession, or shoot the ball.
- A player **must not cross the 4-metre arc line** while shooting. Goals must be scored **from outside** the arc line. A player may jump or dive into the arc area, but **the ball must be released before landing**.  
*Note: Except the goalkeeper, all defending players may enter the arc area to block the ball from entering the goal post.*
- No player may **snatch** the ball from an opponent in possession. Players may only **shadow-block** to prevent a shot.
- When the ball is in the air, it is considered **free**, and any player may gain possession.
- Players must not touch the ball with their feet/Thigh/Leg. Only the **goalkeeper** may use their feet, and **only within the goal area**.
- A player in possession must **dribble (comparable to a basketball dribble)**, or may take **up to three steps without dribbling**.
- Goalkeepers must **not cross the 4-metre arc line** while holding the ball.
- The ball may not be passed back to the goalkeeper when they are positioned in the goal area.

### **Foul:**

- Attempting to **snatch, push**, or otherwise it will be considered as foul and a **free throw will be given to the opponent** player who is involved. The free throw will be taken from the arc line, defended only by the goalkeeper.

**NOTE:** *Each player is allowed only **two fouls**. Upon the third foul, a **Red Card** will be issued, and the player will be removed from the game. A substitute may replace the removed player*

- If a player **crosses the arc line while holding the ball**, it is considered a foul, and possession is given to the opposing team, restarting from outside the court.
- If the **goalkeeper crosses the arc line while holding the ball**, it is considered a foul, and possession will be awarded to the opposing team from outside the court.
- If a player takes more than three steps without dribbling, it will be considered a foul, and the ball will be handed over to the opposing team.

### **General:**

- A Game will be played for 30 mins, with a 5-minutes half time break after 15 mins. Goal posts will be **switched** after halftime.
- Each team is allowed **two timeouts** of **1 minute each** per game.
- A team should change the Substitutes only during the Timeouts.
- The team scoring more goals will be declared as Winners.
- If the scores are tied, each team will be given **5 free throws**. If still tied, an additional **3 free throws** will be given to each team repeatedly until a winner emerges.

### **Terms and Conditions for Handball (Women):**

1. One entry from each department – 6 players + 2 substitutes (to be certified by BOs).
2. Branch Officers Certified employees shall be sanctioned with SCL during their events. **Players must not leave HQ while on SCL without permission.**
3. SCL will be given to the teams only which are qualifying for the second day of the tournament.
4. Matches will be played in League cum knockout basis
5. The Match fixtures will be decided by lot system.
6. Captains to report to the undersigned office for Match Fixtures on 15.12.2025 at 17.00 Hrs.

7. Match Fixtures will be drawn in the presence of the Team Captains in front of the undersigned or the Secretary/SRSA/TPJ
8. The above conditions are subject to change as per SRSA/TPJ committee.
9. The decision of the **referee** will be final.
10. Players should maintain and uphold the spirit of the game. No players should violate the rules and regulations. Unruly action by any employee will be subject to DAR action.

**All branch officers are requested to give wide publicity to the contents of this circular amongst the officers & staff working under their control for active participation.**

**Encl: 1. Annexure-1**

**(VINOTH. R)**  
**Joint Secy-G/SRSA/TPJ & PRO/TPJ**  
**For Secy/SRSA/TPJ & DPO/TPJ**

C/- DRM & President/SRSA/TPJ -For kind information, please.

C/-ADRM & Vice-President/SRSA/TPJ - For kind information, please.

**(FORMAT)**

**ANNEXURE-I**

<b>Sl.No.</b>	<b>Name / Shri</b>	<b>Designation</b>	<b>PF/Employee No.</b>
<b>1.</b>	<b>(Captain)</b>		
<b>2.</b>			
<b>3.</b>			
<b>4.</b>			
<b>5.</b>			
<b>6.</b>			
<b>7.</b>			
<b>8.</b>			
<b>9.</b>			

**List of Employees of the (Branch name) branch for the Inter-Departmental Kabbadi (Men) (7+2 players) Tournament-2025**

<b>Sl.No.</b>	<b>Name / Shri</b>	<b>Designation</b>	<b>PF/Employee No.</b>
<b>1.</b>	<b>(Captain)</b>		
<b>2.</b>			
<b>3.</b>			
<b>4.</b>			
<b>5.</b>			
<b>6.</b>			
<b>7.</b>			
<b>8.</b>			

**List of Employees of the (Branch name) branch for the Inter-Departmental Handball (Women) (6+2**

**Signature of the BO with seal**